

### Are there any other treatment options?

If circumcision has to be delayed or parent are not keen, topical steroid cream can be used for selected patients to correct phimosis.

Circumcision however should not be done in patient with hypospadias who has opening of the urethra (tube through which urine drains from bladder) is on the underside of the penis instead of at the tip; Chordee (downward curve of the penis) as the foreskin is required for reconstruction. In patient with bleeding disorder such as Hemophilia, circumcision should be done in hospital setting after discuss with surgical doctor.

#### Useful contact numbers:-

### **Pediatric Surgery**

#### **Clinic**

Tel : 03-79492641 Monday -

Friday :

0800-1700hrs

[www.ummc.edu.my](http://www.ummc.edu.my)



**UNIVERSITY  
OF MALAYA**  
MEDICAL CENTRE

## **PATIENT INFORMATION SHEET FOR CIRCUMCISION**

### What does this procedure involve?

**The procedure involves complete removal of the foreskin (sleeve skin covering tip of penis). It is usually performed for patient who has condition such as**

- ❖ Phimosis – a tight and non-retractile foreskin
- ❖ Recurrent infections involving the foreskin and glans
- ❖ Balanitis xerotica obliterans(BXO)– Foreskin become unduly thickened and non-retractile.
- ❖ For other anomalies of urinary tract to reduce risk of urinary tract infection
- ❖ Ritual

## What happens on the day of procedure?

### **Circumcision will be done under daycare surgery**

- ❖ Generally, for all pediatric patients the procedure is done under general anaesthesia supplemented with local anaesthesia or regional anaesthesia depend on each case for post-operative pain relief.
- ❖ the foreskin is removed circumferentially until just below the head of penis and the wound is closed using dissolvable stitch. This stitch will disappear after 2-3 week

## What to expect after circumcision?

- ❖ Some swelling of penis – it will subside after few days
- ❖ Pain relief medicine will provide for the patient to take regularly for about 5-7 days.
- ❖ Occasionally patient may develop swelling with pus discharge which require treatment.
- ❖ Patient will be observed after procedure for bleeding. Minimal bleeding will stop by itself but continuous bleeding will require surgical treatment. If bleeding notice after discharge, you should contact the doctor or come to hospital.
- ❖ Patient should wear loose fitting clothes after few days after operation.
- ❖ The exposed glans may dry out and scab may be seen. This can be prevented/minimized by using the ointment provided.
- ❖ It can take a few weeks before penis returns to final cosmetic appearance.